



## Elementary Menu October 2009



### Menu Prices for Elementary School

Breakfast	Amount	Lunch	Amount
Student	\$1.25	Student	\$1.65
Reduced	\$0.30	Reduced	\$0.40
Adult	\$1.65	Adult	\$2.75
Extra Milk — \$0.50			

[www.carrollcountyschools.com](http://www.carrollcountyschools.com)

MILK CHOICE IS SERVED WITH EACH MEAL.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAY	SEPTEMBER 28	SEPTEMBER 29	SEPTEMBER 30	1	2
BREAKFAST	Breakfast Pizza Pineapple Tidbits	French Toast Sticks w/Syrup / Cinnamon Toast / Apple Wedges	Cereal / Muffin / Peaches	Honey Wheat Breakfast Bun / Fruit	Sausage Biscuit / Banana
LUNCH	Turkey Club or Grilled Chicken & Cheese Sub Lettuce/Tomato/Dill Spear Baked Chips Veggies w/Dip Pear Salad Rice Krispie Treat	Fish & Shrimp w/Cornbread or Corndog Au gratin Potatoes Cole Slaw Fresh Grapes	Beef Nachos or Cheese Pizza Tossed Salad Steamed Corn Apple Wedges Carrot Cake	Teriyaki Chicken Dippers or Meatloaf w/Roll Vegetable Rice Steamed Broccoli w/Cheese Orange Wedges	Lasagna or Cheeseburger Casserole Tossed Salad Peas & Carrots Fresh Fruit Cheese Roll
SALAD	Asian Chicken Salad	Yogurt Plate	Asian Chicken Salad	Yogurt Plate	Smuckers Sack Lunch

DAY	5	6	7	8	9
BREAKFAST	Breakfast Pizza / Applesauce	Pancake on a Stick Fruit Cocktail	Chicken Biscuit / Peach Slices	Honey Wheat Breakfast Bun / Fruit	<i>School Closed</i>
LUNCH	Sloppy Jo or BBQ Sandwich Baked Fries Baby Carrots & Cucumber Slices w/Dip Pudding Cup w/Topping	Hard Shell Tacos (2) or Cheese Enchilada w/Salsa Tossed Salad Refried Beans Corn Cinnamon Apples	Rib-B-Q or Cheeseburger Baked Fries Steamed California Blend Juice Bar	Early Release Day Meal Breaks	
SALAD	Chef Salad	Pretzel Plate	Chef Salad		



*MENU IS SUBJECT TO CHANGE.*

This explains what to do if you believe you have been treated unfairly. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write to USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington DC 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.



# National School Lunch Week October 12 - 16

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MILK CHOICE IS SERVED WITH EACH MEAL.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAY	12	13	14	15	16
BREAKFAST	Cereal / Muffin / Fruit	Sausage Biscuit / Grapes	Breakfast Wheat Bun Applesauce	Cereal / Muffin / Juice	Cheese Toast / Yogurt / Fruit
NSLW THEME:  "NBA'S ALL STAR LUNCH"	Pizza or Taco Pie Carrots w/Dip Pineapple Chunks w/Kiwi Garnish Brownie Deluxe	Chicken & Cheese Quesadilla or Turkey Wrap Steamed Corn Tossed Salad Granny Smith Apple Wedges	Boneless Chicken Wings or Beef Stroganoff School Made Roll Steamed Carrot Coins Broccoli w/Cheese Sauce Strawberry/Banana Cup	Chicken Parmesan or Lasagna Green Beans Fresh Fruit Salad Whole Wheat Garlic Roll Sherbet Cup	Chicken Teriyaki w/Rice Bowl or Cheeseburger Casserole w/Roll Tossed Salad Fresh Pear Jello w/Topping
SALAD	Chef Salad	Southwestern Salad	Chef Salad	Southwestern Salad	Smuckers Sack Lunch

DAY	19	20	21	22	23
BREAKFAST	Chicken Biscuit / Peach Slices	Breakfast Pizza Pineapple Tidbits	French Toast Sticks w/Syrup / Cinnamon Toast / Apple Wedges	Cereal / Muffin / Peaches	Honey Wheat Breakfast Bun / Fruit
LUNCH	Popcorn Chicken or Roast w/Gravy Wheat Roll Creamed Potatoes Green Beans Orange Wedges	Pizza Dippers or Crispito w/Cheese Sauce Garden Salad Whole Kernel Corn Watermelon Wedge School Made Cookie	Hamburger or Chicken Sandwich Lettuce/Tomato/Dill Slice Baked Fries Fresh Veggie Medley Cry Baby Sour Ice	Burrito or Taco on Loco Bread w/Cheese Tossed Salad Pinto Beans Chips & Salsa Rosey Applesauce	Country Fried Steak & Gravy or Chicken Nuggets Creamed Potatoes Wheat Roll English Peas Peach Slices
SALAD	Chef Salad	Caesar Salad	Chef Salad	Caesar Plate	P. B. & J. Sack Lunch



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