

Elementary Menu September 2009




Menu Prices for Elementary School

| Breakfast | Amount | Lunch | Amount |
|---------------------|--------|---------|--------|
| Student | \$1.25 | Student | \$1.65 |
| Reduced | \$0.30 | Reduced | \$0.40 |
| Adult | \$1.65 | Adult | \$2.75 |
| Extra Milk — \$0.50 | | | |

www.carrollcountyschools.com

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|---|---|
| MILK CHOICE IS SERVED WITH EACH MEAL. | | | | | |
| DAY | AUGUST 31 | 1 | 2 | 3 | 4 |
| BREAKFAST | Breakfast Wheat Bun Applesauce | Cereal / Muffin / Juice | Cheese Toast / Yogurt / Fruit | Chicken Biscuit / Peach Slices | Breakfast Pizza Pineapple Tidbits |
| LUNCH | Hamburger or Chicken Sandwich Lettuce/Tomato/Dill Slice Baked Fries Fresh Veggie Medley Cry Baby Sour Ice | Burrito or Taco on Loco Bread w/Cheese Tossed Salad Pinto Beans Chips & Salsa Rosey Applesauce | Country Fried Steak & Gravy or Chicken Nuggets Creamed Potatoes Wheat Roll English Peas Peach Slices | Spaghetti w/Garlic Toast or Pepperoni Pizza Wedge Garden Salad Glazed Carrots Gelatin w/Fruit & Topping | Turkey Club or Grilled Chicken & Cheese Sub Lettuce/Tomato/Dill Spear Baked Chips Veggies w/Dip Pear Salad Rice Krispie Treat |
| SALAD | Chef Salad | Meal Break | Chef Salad | Caesar Salad | Smuckers Sack Lunch |

| | | | | | |
|------------------|---|---|---|---|--|
| DAY | 7 | 8 | 9 | 10 | 11 |
| BREAKFAST | | French Toast Sticks w/Syrup / Cinnamon Toast / Apple Wedges | Cereal / Muffin / Peaches | Honey Wheat Breakfast Bun / Fruit | Sausage Biscuit / Banana |
| LUNCH | <i>Labor Day Holiday</i>  | Fish & Shrimp w/Cornbread or Corndog AuGratin Potatoes Cole Slaw Fresh Grapes | Beef Nachos or Cheese Pizza Tossed Salad Steamed Corn Apple Wedges Carrot Cake | Teriyaki Chicken w/Roll or Egg Roll Vegetable Rice Steamed Broccoli Orange Wedges | Lasagna w/Egg Noodles or Cheeseburger Casserole Tossed Salad Peas & Carrots Fresh Fruit Cheese Roll |
| SALAD | | Tuna Salad Plate | Asian Chicken Salad | Tuna Salad Plate | Smuckers Sack Lunch |



MENU IS SUBJECT TO CHANGE.

This explains what to do if you believe you have been treated unfairly. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write to USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington DC 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.



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|---------------------------------------|--|---|---|---|---|
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| DAY | 14 | 15 | 16 | 17 | 18 |
| BREAKFAST | Cheese Toast / Yogurt / Grapes | Breakfast Pizza / Applesauce | Pancake on a Stick Fruit Cocktail | Chicken Biscuit / Peach Slices | Cereal / Muffin / Fruit |
| LUNCH | Pork Chop Patty or Chicken Tenders Roll Macaroni & Cheese Baby Lima Beans Strawberry-Banana Cup | Sloppy Jo or BBQ Sandwich Baked Fries Baby Carrots & Cucumber Slices w/Dip Pudding Cup w/Topping | Hard Shell Tacos (2) or Cheese Enchilada w/Salsa Tossed Salad Refried Beans Corn Cinnamon Apples | Rib-B-Q or 2-Fers (Mini Hamburgers) Baked Fries Steamed California Blend Fresh Pear | Popcorn Chicken or Roast w/Gravy Wheat Roll Creamed Potatoes Green Beans Orange Wedges |
| SALAD | Caesar Salad | Chef Salad | Caesar Salad | Chef Salad | P.B. & J. Sack Lunch |

| | 21 | 22 | 23 | 24 | 25 |
|------------------|---|--|---|---|---|
| DAY | | | | | |
| BREAKFAST | Sausage Biscuit / Grapes | Breakfast Wheat Bun Applesauce | Cereal / Muffin / Juice | Cheese Toast / Yogurt / Fruit | Chicken Biscuit / Peach Slices |
| LUNCH | Pizza Dippers or Crispito w/Cheese Sauce Garden Salad Whole Kernel Corn Nectarine School Made Cookie | Hamburger or Chicken Sandwich Lettuce/Tomato/Dill Slice Baked Fries Fresh Veggie Medley Cry Baby Sour Ice | Burrito or Taco on Loco Bread w/Cheese Tossed Salad Pinto Beans Chips & Salsa Rosey Applesauce | Country Fried Steak & Gravy or Chicken Nuggets Creamed Potatoes Wheat Roll English Peas Peach Slices | Spaghetti w/Garlic Toast or Pepperoni Pizza Wedge Garden Salad Glazed Carrots Gelatin w/Fruit & Topping |
| SALAD | Asian Chicken Salad | Meal Break | Asian Chicken Salad | Tuna Salad Plate | Smuckers Sack Lunch |



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