



## AUGUST HIGH SCHOOL MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
	2	3	4	5	6
<b>Breakfast</b>		Biscuit Choice or Cereal & Muffin Fruit Juice	Biscuit Choice or Breakfast Pizza Fruit Juice	Biscuit Choice or Cinnamon Roll Fruit Juice	Biscuit Choice or Manager's Choice Fruit Juice
<b>Mama's Kitchen</b>		Crispitos (2) <b>Choose at least 1:</b> Tortilla Chips w/Salsa Pinto Beans / Spanish Rice Romaine Salad Chilled Peach Slices Fresh Grape Cluster	Oven Fried Chicken w/Roll <b>Choose at least 1:</b> Au Gratin Potatoes / Broccoli Salad / Peas & Carrots Frozen Fruit Cup Pineapple Tidbits	Steak & Gravy w/Roll <b>Choose at least 1:</b> Creamed Potatoes Oven Baked Okra Black Eye Peas Pear Salad Fresh Orange Wedges	Manager's Choice <b>Choose at least 1:</b> Please see individual schools for the menu choices for today. Thanks,
<b>Sandwich Line</b>		Cheeseburger <b>Choose at least 1:</b> Baked Tater Tots /Dill Spears Pinto Beans / Spanish Rice Romaine Salad Chilled Peach Slices / Fresh Grape Cluster	Chicken Sandwich <b>Choose at least 1:</b> Baked Veggie Fries Lettuce, Tomato, Dill Slice Carrots & Celery w/Dip Frozen Fruit Cup Pineapple Tidbits	BBQ Sandwich <b>Choose at least 1:</b> Spicy Potato Wedges Broccoli Salad / Oven Baked Okra Black Eye Peas Pear Salad Fresh Orange Wedges	Manager's Choice <b>Choose at least 1:</b> Please see individual schools for the menu choices for today. Thanks,
<b>Express Line</b>		Spicy Chicken Wrap <b>Choose at least 1:</b> Tortilla Chips w/Salsa Pinto Beans / Spanish Rice Romaine Salad Chilled Peach Slices Fresh Grape Cluster	Stuffed Crust Cheese Pizza <b>Choose at least 1:</b> Corn on Cob / Broccoli Salad Carrots & Celery w/Dip Frozen Fruit Cup Pineapple Tidbits	Wild Mike's Pepperoni Pizza <b>Choose at least 1:</b> Romaine Salad Baked Veggies Fries Oven Baked Okra Pear Salad / Fresh Orange Wedges	Manager's Choice <b>Choose at least 1:</b> Please see individual schools for the menu choices for today. Thanks,
<b>Salad Line</b>		PBJ Sack Lunch	Fruit & Yogurt Plate	Chef Salad	PBJ Sack Lunch

MENU IS SUBJECT TO CHANGE

ALL MEALS ARE AVAILABLE AT NO COST



	Monday	Tuesday	Wednesday	Thursday	Friday
	9	10	11	12	13
<b>Breakfast</b>	Biscuit Choice or Pancake on a Stick Fruit Juice	Biscuit Choice or Breakfast Pizza Fruit Juice	Biscuit Choice or Breakfast Burrito Fruit Juice	Biscuit Choice or Cereal & Muffin Fruit Juice	Biscuit Choice or Mini Cinni's w/Yogurt Fruit Juice
<b>Mama's Kitchen</b>	Fish & Shrimp <i>Choose at least 1:</i> Hushpuppies / Cole Slaw Au Gratin Potatoes Green Beans Pear Salad Orange Sherbet	Chicken Bites in Orange Sauce <i>Choose at least 1:</i> Veggie Chow Mein Spring Roll / Steamed Broccoli Glazed Carrots Strawberry-Banana cup Orange Wedges	BBQ Pork Chop Patty <i>Choose at least 1:</i> Cornbread / Steamed Cabbage / Glazed Yam Patties Black Eye Peas Fresh Grape Cluster Cherry Flavored Applesauce	Chicken or Sausage Biscuit <i>Choose at least 1:</i> Scrambled Eggs / Buttered Grits Hash Brown Stix Frozen Mango Fruit Cup Strawberry Yogurt Parfait	Spaghetti w/Meat Sauce <i>Choose at least 1:</i> Garlic Toast / Spinach Salad w/Strawberries / Steamed California Blend / Peas & Carrots Jello w/Fruit & Topping Pineapple Tidbits w/Kiwi Garnish
<b>Sandwich Line</b>	Rib-B-Q Sandwich <i>Choose at least 1:</i> Cole Slaw Au Gratin Potatoes Green Beans Pear Salad Orange Sherbet	Sloppy Jo <i>Choose at least 1:</i> Seasoned Fries Steamed Broccoli Glazed Carrots Strawberry-Banana Cup / Orange Wedges	Ham & Cheese Croissant <i>Choose at least 1:</i> Pasta Salad Lettuce, Tomato, Dill Slice Romaine Salad Fresh Grape Cluster Cherry Flavored Applesauce	Grilled Chicken Sandwich <i>Choose at least 1:</i> Lettuce, Tomato, Dill Slice Hash Brown Stix / Whole Kernel Corn / Fresh Veggies w/Dip Frozen Mango Fruit Cup Strawberry Yogurt Parfait	XTreme Bean & Cheese Burrito <i>Choose at least 1:</i> Tortilla Chips w/Salsa / Spinach Salad w/Strawberries / Steamed California Blend / Peas & Carrots Jello w/Fruit & Topping Pineapple w/Kiwi Garnish
<b>Express Line</b>	Cheese Pizza <i>Choose at least 1:</i> Romaine Salad Buttered Whole Kernel Corn Fresh Veggies w/Dip Pear Salad Orange Sherbet	Deli Sandwich <i>Choose at least 1:</i> Baked Chips Fresh Veggies w/Dip / Lettuce, Tomato, Dill Slice Strawberry-Banana Cup Orange Wedges	Stuffed Crust Cheese Pizza <i>Choose at least 1:</i> Romaine Salad / Corn on Cob Veggies w/Dip Fresh Grape Cluster Cherry Flavored Applesauce	Tuna Salad on Lettuce Bed <i>Choose at least 1:</i> Saltines / Baked Chips Whole Kernel Corn Fresh Veggies w/Dip Frozen Mango Fruit Cup Strawberry Yogurt Parfait	Pepperoni Pizza Wedge <i>Choose at least 1:</i> Spinach Salad w/Strawberries Veggies w/Dip / Corn on Cob Jello w/Fruit & Topping Pineapple w/Kiwi Garnish
<b>Salad Line</b>	Chef Salad Plate	Asian Salad Plate	Chef Salad Plate	Asian Salad Plate	PBJ Sack Lunch

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	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>Breakfast</b>	Biscuit Choice or Nutri-Grain Bar & Cheese Stick Fruit Juice	Biscuit Choice or Toasted Cheese Sandwich Fruit Juice	Biscuit Choice or Breakfast Bagel Fruit Juice	Biscuit Choice or Mini Chocolate Chip Muffins w/Cereal Bar Fruit Juice	Biscuit Choice or Breakfast Burrito Fruit Juice
<b>Mama's Kitchen</b>	Buffalo Chicken Bites <b>Choose at least 1:</b> Roll / Baked Beans Carrot & Celery Sticks w/Dip Peach Slices Apple Wedges	Turkey Roast & Gravy <b>Choose at least 1:</b> Steamed Rice / Cornbread Brussel Sprouts / Green Beans Tropical Fruit Blend Cantaloupe Slice	Chicken Fajitas on Loco Bread <b>Choose at least 1:</b> Refried Beans / Lettuce, Tomato Cheese Cup / Seasoned Corn Orange Wedges Dragon Punch	Meatloaf <b>Choose at least 1:</b> Roll / Creamed Potatoes Baby Lima Beans Peas & Carrots Fruit Cobbler Juice Bar	Crispitos (2) <b>Choose at least 1:</b> Tortilla Chips w/Salsa Pinto Beans / Romaine Salad Pear Salad Fresh Fruit Cup
<b>Sandwich Line</b>	Hot Dog <b>Choose at least 1:</b> Baked Tater Tots / Cole Slaw Diced Onion, Relish, Sauerkraut Baked Beans Peach Slices Apple Wedges	Hamburger <b>Choose at least 1:</b> Lettuce, Tomato, Dill Slice Baked Veggie Fries Broccoli Salad / Green Beans Tropical Fruit Blend Cantaloupe Slice	Rib-B-Q Sandwich <b>Choose at least 1:</b> Potato Roasters / Corn on Cob Veggies w/Dip Orange Wedges Dragon Punch	Spicy Chicken Sandwich <b>Choose at least 1:</b> Lettuce, Tomato, Dill Slice Tortilla Chips w/Salsa Baby Lima Beans / Peas & Carrots Fruit Cobbler Juice Bar	Corn Dog <b>Choose at least 1:</b> Baked Sweet Potato w/Butter, Brown Sugar & Cinnamon Pinto Beans Broccoli w/Cheese Sauce Pear Salad Fresh Fruit Cup
<b>Express Line</b>	Stuffed Crust Cheese Pizza <b>Choose at least 1:</b> Romaine Salad Carrot & Celery Sticks w/Dip Peach Slices Apple Wedges	Turkey Club <b>Choose at least 1:</b> Baked Chips Lettuce, Tomato, Dill Slice Broccoli Salad Tropical Fruit Blend Cantaloupe Slice	Max Cheese Sticks w/Marinara Sauce <b>Choose at least 1:</b> Romaine Salad / Corn on Cob Veggies w/Dip Orange Wedges Dragon Punch	Ham & Cheese Croissant <b>Choose at least 1:</b> Lettuce, Tomato, Dill Slice Tortilla Chips w/Salsa Cole Slaw Fruit Cobbler Juice Bar	Wild Mike's Pepperoni Pizza <b>Choose at least 1:</b> Veggies w/Dip Seasoned Corn Romaine Salad Pear Salad Fresh Fruit Cup
<b>Salad Line</b>	Grilled Chicken Salad Plate	Southwestern Salad Plate	Grilled Chicken Salad Plate	Southwestern Salad Plate	PBJ Sack Lunch

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	Monday	Tuesday	Wednesday	Thursday	Friday
	23	24	25	26	27
<b>Breakfast</b>	Biscuit Choice or Breakfast Burrito Fruit Juice	Biscuit Choice or Muffin w/Yogurt Cup Fruit Juice	Biscuit Choice or Cereal Bar w/Cheese Stick Fruit Juice	Biscuit Choice or Honey Wheat Breakfast Bar Fruit Juice	Biscuit Choice or Manager's Choice Fruit Juice
<b>Mama's Kitchen</b>	Chicken Tenders w/Roll <b>Choose at least 1:</b> Honey Glazed Yam Steamed California Blend Romaine Salad Grapefruit Wedges Fruit & Yogurt Cup	Lasagna w/Garlic Toast <b>Choose at least 1:</b> Glazed Carrots / Green Peas Spinach Salad w Strawberries & Nuts Peach Slices Fresh Grape Cluster	Pancakes w/Sausage (2) <b>Choose at least 1:</b> Hash Brown Patties (2) Sweet Potato Tots Dragon Punch Juice Strawberry-Banana Cup	Tacos (2) w/Shredded Cheese, Lettuce, Tomato <b>Choose at least 1:</b> Spanish Rice / Refried Beans w/Cheese Whole Kernel Corn Baked Cinnamon Apples Vanilla Ice Cream Cup Orange Wedges	Manager's Choice <b>Choose at least 1:</b> Please see individual schools for the menu choices for today. Thanks,
<b>Sandwich Line</b>	Grilled Cheese Sandwich on Texas Toast <b>Choose at least 1:</b> Baked BBQ Chips / Romaine Salad Steamed California Blend Grapefruit Wedges Fruit & Yogurt Cup	Mini Burgers <b>Choose at least 1:</b> Baked Fries / Spinach Salad w/Strawberries & Nuts Glazed Carrots Peach Slices Fresh Grape Cluster	Hot Ham & Cheese <b>Choose at least 1:</b> Sweet Potato Tots / Cole Slaw Corn on Cob Dragon Punch Juice Strawberry-Banana Cup	Grilled Chicken Sandwich <b>Choose at least 1:</b> Lettuce, Tomato, Dill Slice Baked Tater Tots Seasoned Whole Kernel Corn Baked Cinnamon Apples Vanilla Ice Cream Cup Orange Wedges	Manager's Choice <b>Choose at least 1:</b> Please see individual schools for the menu choices for today. Thanks,
<b>Express Line</b>	Pepperoni Pizza Wedge <b>Choose at least 1:</b> Romaine Salad / Steamed California Blend Baby Carrots w/Dip Grapefruit Wedges Fruit & Yogurt Cup	Spicy Chicken Wrap <b>Choose at least 1:</b> Baked Cheddar Chips Spinach Salad w/Strawberries & Nuts Veggies w/Dip Peach Slices Fresh Grape Cluster	Stuffed Crust Pizza <b>Choose at least 1:</b> Romaine Salad / Con on Cob Veggies w/Dip Dragon Punch Juice Strawberry-Banana Cup	Max Cheese Sticks w/Marinara Sauce <b>Choose at least 1:</b> Romaine Salad / Seasoned Whole Kernel Corn / Veggies w/Dip Baked Cinnamon Apples Vanilla Ice Cream Cup Orange Wedges	Manager's Choice <b>Choose at least 1:</b> Please see individual schools for the menu choices for today. Thanks,
<b>Salad Line</b>	Caesar Salad Plate	Fruit & Yogurt Plate	Caesar Salad Plate	Fruit & Yogurt Plate	PBJ Sack Lunch

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	Monday	Tuesday	Wednesday	Thursday	Friday
	30	31			
<b>Breakfast</b>	Biscuit Choice or Cereal & Muffin Fruit Juice	Biscuit Choice or Breakfast Pizza Fruit Juice			
<b>Mama's Kitchen</b>	Crispitos (2) <i>Choose at least 1:</i> Tortilla Chips w/Salsa Pinto Beans / Spanish Rice Romaine Salad Chilled Peach Slices Fresh Grape Cluster	Oven Fried Chicken w/Roll <i>Choose at least 1:</i> Au Gratin Potatoes / Broccoli Salad / Peas & Carrots Frozen Fruit Cup Pineapple Tidbits			
<b>Sandwich Line</b>	Cheeseburger <i>Choose at least 1:</i> Baked Tater Tots /Dill Spears Pinto Beans / Spanish Rice Romaine Salad Chilled Peach Slices Fresh Grape Cluster	Chicken Sandwich <i>Choose at least 1:</i> Baked Veggie Fries Lettuce, Tomato, Dill Slice Carrots & Celery w/Dip Frozen Fruit Cup Pineapple Tidbits			
<b>Express Line</b>	Spicy Chicken Wrap <i>Choose at least 1:</i> Tortilla Chips w/Salsa Pinto Beans / Spanish Rice Romaine Salad Chilled Peach Slices Fresh Grape Cluster	Stuffed Crust Cheese Pizza <i>Choose at least 1:</i> Corn on Cob / Broccoli Salad Carrots & Celery w/Dip Frozen Fruit Cup Pineapple Tidbits			
<b>Salad Line</b>	PBJ Sack Lunch	Fruit & Yogurt Plate			

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