



Elementary School Menu

September 2018

www.carrollcountyschools.com

ALA CARTE SALES (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

Extra Milk — \$0.50	Extra Breakfast Entrée — \$1.25
Extra Lunch Entrée — \$1.75	All Extra Side Dishes — \$0.50
Rice Krispie Treat — \$1.00	Cookie (1) — \$0.50
Soft Pretzel — \$1.00	Cheese Sauce Cup — \$0.50
Flavored Water — \$1.25 to \$1.75	

Menu Prices for Elementary School

Breakfast	Amount	Lunch	Amount
Student	\$1.35	Student	\$2.25
Reduced	\$0.30	Reduced	\$0.40
Adult	\$1.75	Adult	\$3.50

Fresh fruit bowl offered daily during Breakfast and Lunch.

LoFat or Fat Free
Milk Choice is served
with each meal.

	Monday	Tuesday	Wednesday	Thursday	Friday
Day	3	4	5	6	7
Breakfast	Labor Day Holiday	Egg & Cheese Biscuit or Cereal w/Cheese Toast / Fruit / Juice	Chicken Biscuit or Grilled Cheese Sandwich / Banana or Juice	Sausage Biscuit or Cereal w/Muffin / Peach Cup or Juice	Chicken Biscuit or Cinnamon Roll / Applesauce Cup or Juice
Choose 1 Lunch Entrée or Salad Choice if offered		Hot Ham & Cheese Sandwich or Chef Salad	Chicken Nuggets or Fish & Shrimp w/Hush Puppies	Country Fried Steak w/Gravy or Oven Fried Chicken	Beef & Cheese Nachos or Corndog
Must Choose 1: Fruit or Vegetable		Veggie Dippers / Tortilla Chips w/ Black Bean Salsa / Juice Bar / Diced Fruit Cup	Macaroni & Cheese / Oven Fried Okra / Romaine Salad / Fruit Cocktail w/ Cherry Garnish / Fresh Grape Cluster	Roll / Cream Potatoes Steamed Broccoli w/Cheese/ Jello w/Fruit & Topping / Juice Bar	Tossed Salad / Whole Kernel Corn / Rosey Red Pear Halves / Juice Cup

	10	11	12	13	14
Day					
Breakfast	Biscuit w/Jelly & Cereal or Honey Wheat Breakfast Bun / Fruit Cocktail or Juice	Sausage Biscuit or Pancake on a Stick / Banana or Juice	Ham/Cheese Croissant or Cereal w/Pop Tart / Peach Slices or Juice	Chicken Biscuit or Yogurt w/Cheese Stick / Fresh Grapes or Juice	Manager's Choice
Choose 1 Lunch Entrée or Salad Choice if offered	Crispito w/Cheese Sauce or Wild Mike's Pepperoni Pizza	Hot Dog or BBQ Sandwich	Chicken Nuggets or Grilled Chicken Caesar Salad Plate	Mini Hamburgers w/Cheese or Turkey Club	Manager's Choice
Must Choose 1: Fruit or Vegetable	Tossed Salad / Pinto Beans or Refried Beans / Baked Cinnamon Apples / Orange Smiles	Cole Slaw / Deli Roasters / Fresh Strawberry & Blueberry Medley / Peach Slices	Roll / Blackeye Peas / Candied Yams / Cherry Applesauce / Fruit Parfait	Lettuce, Tomato, Dill Slices / Baby Carrots w/Dip / Corn on Cob / Fresh Fruit Cup / Fresh Pear	Please see individual schools for the menu choices for today.



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TO CHANGE.

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Flavored Water — \$1.25 to 1.75	

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Adult	\$1.75	Adult	\$3.50

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LoFat or Fat Free Milk Choice is served with each meal.

	Monday	Tuesday	Wednesday	Thursday	Friday
Day	17	18	19	20	21
Breakfast	Mini Berry French Toast or Honey Wheat Breakfast Bar w/Cereal / Fruit or Juice	Muffin w/Yogurt or Sausage Biscuit / Fruit or Juice	Mini Cinnamon Bun or Biscuit w/Jelly & Cereal / Fruit or Juice	Cereal w/Cheese Toast or Bacon, Egg & Cheese Biscuit / Fruit or Juice	Maple Snack-n-Waffle or Breakfast Burrito / Fruit or Juice
Choose 1 Lunch Entrée or Salad Choice if offered	Ham & Cheese Sandwich or Bean & Cheese Burrito	Mini Corndogs (6) or Basil Boss Cheese Pizza	Tangerine Chicken or Chef Salad	Spaghetti w/Garlic Toast or Soft Shell Tacos w/Shredded Cheese Cup	BBQ Pork Choppett or Fish Sticks & Shrimp
Must Choose 1: Fruit or Vegetable	Garden Salad / Tater Tot Medley / Pear Salad / Strawberry-Banana Cup	Romaine Salad / Carrot & Celery Sticks w/Dip / Orange Smiles / Applesauce w/Cherry Garnish	Vegetable Rice / Honey Glazed Carrots / Roll / Fresh Red Grape Cluster / Glazed Apple Slices	Garden Salad / Marinated Black Bean Salsa w/Tortilla Chips / Peach Slices / Shiver Shock Smoothie	Au Gratin Potatoes / Pinto Beans / Cornbread / Fresh Nectarine / Cantaloupe Bites

	24	25	26	27	28
Day	24	25	26	27	28
Breakfast	Breakfast Bagel or Cereal w/Jelly Biscuit / Fruit or Juice	Mini Pancakes or Scrambled Eggs w/Toast / Fruit or Juice	French Toast Sticks or Sausage Biscuit / Fruit or Juice	Chicken Biscuit or Mini Cinnis/ Fruit or Juice	Manager's Choice / Fruit or Juice
Choose 1 Lunch Entrée or Salad Choice if offered	Sloppy Jo or Cheeseburger	Fresh Turkey Roast or Asian Chicken Bites	Oven Fried Chicken or Meatloaf	Pepperoni Pizza or Deli Sub	Manager's Choice
Must Choose 1: Fruit or Vegetable	Baked Fries / Lettuce, Tomato, Dill Slice / Baked Beans / Banana / Juice Cup	Cornbread / Macaroni & Cheese / Blackeye Peas / Glazed Apple Wedges / Pineapple Tidbits w/Kiwi Garnish	Creamed Potatoes / California Blend Mixed Vegetables / Roll / Fruit Cocktail / Fresh White Grape Cluster	Spinach & Strawberry Salad / Corn on Cob / Baked Masterpiece Chips / Lime Sherbet / Cherry Flavored Applesauce	Please see individual schools for the menu choices for today.



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