



## Middle School Menu March 2019

[www.carrollcountyschools.com](http://www.carrollcountyschools.com)

Fresh Fruit Bowl and water are available daily for Breakfast and Lunch.

LoFat or Fat Free Milk Choice is served with each meal.

**ALA CARTE SALES** (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

Extra Milk — \$0.50	Extra Breakfast Entrée — \$1.25
Extra Lunch Entrée — \$1.75	All Extra Side Dishes — \$0.50
Rice Krispie Treat — \$1.00	Cookie (1) — \$0.50
Soft Pretzel — \$1.00	Cheese Sauce Cup — \$0.50
Flavored Water — \$1.00 to \$1.50 (depends on what kind of water)	

### Menu Prices for Middle School

Breakfast	Amount	Lunch	Amount
Student	\$1.35	Student	\$2.40
Reduced	\$0.30	Reduced	\$0.40
Adult	\$1.75	Adult	\$3.50

Day	Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
Breakfast	Biscuit Choice or Mini Pancakes / Juice / Fruit	Biscuit Choice / Yoplait Yogurt w/ Cereal / Juice / Fruit	Biscuit Choice or Pancake on a Stick / Juice / Fruit	Biscuit Choice or Muffin & Yogurt / Juice / Fruit	Manager's Choice / Juice / Fruit
Choose 1 Lunch Entrée or Salad Choice	Chicken Stir Fry w/ Egg Roll or Max Stix w/Marinara Sauce or Queso Cheese Sauce	Chili w/Hot Dog or Chili w/Grilled Cheese Sandwich	Hamburger or Deli Sandwich	Crispito (2) or Chicken Fajitas	Manager's Choice
Must Choose at Least 1:	Corn on Cob / Green Beans / Romaine Salad / Orange Wedges / Frozen Fruit Cup	Baked Potato w/Margarine & Sour Cream / Broccoli w/ Cheese Sauce / Carrots w/ Dip / Grapes / Cherry Applesauce	Lettuce, Tomato, Dill Slice / Carrot & Celery w/Dip / Baked Fries / Juice Bar / Pear Salad / Chocolate Chip Cookie	Pinto Beans / Spanish Rice / Lettuce-Tomato Cup / Cherry Applesauce / Fruit Cobbler	Please see individual schools for menu choices today.
or Salad	Yogurt Plate	Asian Chicken Salad	Yogurt Plate	Asian Chicken Salad	PBJ Sack

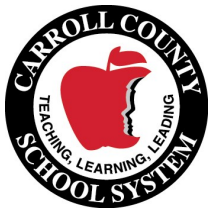
Day	11	12	13	14	15
Breakfast	Biscuit Choice or Mini Muffins w/ Cereal / Juice / Fruit	Biscuit Choice or Cereal w/Pop Tart / Juice / Fruit	Biscuit Choice or Breakfast Pizza / Juice / Fruit	Biscuit Choice or Honey Wheat Bun / Juice / Fruit	Manager's Choice / Juice / Fruit
Choose 1 Lunch Entrée or Salad Choice	Wild Mike's Pepperoni Pizza or BBQ Sandwich	Turkey Roast w/Gravy or Chicken Tenders	Sloppy Jo or Extreme Beans & Cheese Burrito	Chicken Filet Sandwich or Ham & Cheese Croissant	Manager's Choice
Must Choose at Least 1:	Romaine Salad / Corn / California Blend Veggies / Applesauce / Dragon Punch Juice / Oatmeal Cookie	Cornbread / Creamed Potatoes / Black-eye Peas / Green Beans / Fruit Cocktail / Orange Wedges	Macaroni & Cheese / Cafeteria Caviar w/Tortilla Chips / Romaine Salad / Baked Cinnamon Apple Slices / Ice Cream Cup	French Fries / Lettuce, Tomato, Dill Slice / Roasted Corn & Black Bean Fiesta w/Tortilla Chips / Jello w/Fruit / Glazed Apple Wedges / Spice Cake	Please see individual schools for menu choices today.
Salad	Grilled Chicken Salad Plate	Chef Salad	Grilled Chicken Salad Plate	Chef Salad	PBJ Sack

## Middle Schools with Salad Bar

MS w/Salad Bar	Monday	Tuesday	Wednesday	Thursday	Friday
	Grilled Chicken	Diced Ham w/Boiled Egg	Baked Potato Bar w/Chili, Sour Cream & Steamed Broccoli	Pretzel w/Cheese Sauce	Pimento Cheese Sandwich or PBJ Sandwich

MENU IS SUBJECT TO CHANGE.

This institution is an equal opportunity provider.



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**ALA CARTE SALES** (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

- Extra Milk — \$0.50
- Extra Lunch Entrée — \$1.75
- Rice Krispie Treat — \$1.00
- Soft Pretzel — \$1.00
- Flavored Water — \$1.00 to \$1.50 (depends on what kind of water)
- Extra Breakfast Entrée — \$1.25
- All Extra Side Dishes — \$0.50
- Cookie (1) — \$0.50
- Cheese Sauce Cup — \$0.50

## Menu Prices for Middle School

Breakfast	Amount	Lunch	Amount
Student	\$1.35	Student	\$2.40
Reduced	\$0.30	Reduced	\$0.40
Adult	\$1.75	Adult	\$3.50

	Monday	Tuesday	Wednesday	Thursday	Friday
Day	18	19	20	21	22
Breakfast	Biscuit Choice or Breakfast Burrito / Juice / Fruit	Biscuit Choice or Pancake on a Stick / Juice / Fruit	Biscuit Choice or Mini Cinnis / Juice / Fruit	Biscuit Choice or Mini French Toast / Juice / Fruit	Manager's Choice / Juice / Fruit
Choose 1 Lunch Entrée or Salad Choice	Corndog or Crisпитos (2)	Basil Boss Pepperoni Pizza or Beef & Cheese Nachos	Oven Baked Chicken or Pork Roast	BBQ Pork Chop w/Roll or Chicken Alfredo w/Broccoli	Manager's Choice
Must Choose at Least 1:	Au Gratin Potatoes / Steamed Broccoli / Cole Slaw / Sherbet / Fresh Fruit Cup	Whole Kernel Corn / Romaine Salad / Pinto Beans / Juice Bar / Sliced Peaches	Biscuit / Creamed Potatoes / Brussel Sprouts / Glazed Carrots / Strawberry-Banana Cup / Juice Cup	Oven Baked Okra / Baked Beans / Grape Cluster / Rosey Pear Halves (2) / Pudding w/Topping	Please see individual schools for menu choices today.
or Salad	Yogurt Plate w/Fruit	Southwestern Plate	Yogurt Plate w/Fruit	Southwestern Plate	PBJ Sack

Day	25	26	27	28	29
Breakfast	Biscuit Choice or Breakfast Pizza / Juice / Fruit	Biscuit Choice or Cereal w/Muffin / Juice / Fruit	Biscuit Choice or Cheese Toast & Cereal / Juice / Fruit	Biscuit Choice or Mini Cinnis / Juice / Fruit	Manager's Choice / Juice / Fruit
Choose 1 Lunch Entrée or Salad Choice if offered	Chili Hot Dog or Chicken Tenders	Mini Chicken Biscuits (2) or Pancakes w/Sausage Patties (2)	Tacos (2) or Stuffed Crust Cheese Pizza	Asian Chicken Bites or Baja Fish Sticks (101405) & Shrimp	Manager's Choice
Must Choose at Least 1:	Potato Roasters / Veggies w/Dip / Cole Slaw / Glazed Apple Wedges / Juice Bar / Trail Mix / Brownie	Cheese Grits / Yogurt Parfait / Blueberry Juice Cup / Lime Jello w/Fruit & Topping / Grapefruit Wedges	Lettuce-Tomato Cup /Tortilla Chips w/Cheese Sauce / Steamed Whole Kernel Corn / Veggies w/Dip /Peach Halves / Frozen Fruit Ice Cup	Hush Puppies / Green Beans / Macaroni & Cheese / Oven Fried Okra / Baked Beans / Frozen Fruit Cup / Grape Cluster	Please see individual schools for menu choices today.
Salad	Chef Salad	Grilled Chicken Salad Plate	Chef Salad	Grilled Chicken Salad Plate	PBJ Sack
<b>Middle Schools with Salad Bar</b>					
MS w/Salad Bar	Monday	Tuesday	Wednesday	Thursday	Friday
	Grilled Chicken	Diced Ham w/Boiled Egg	Tuna Salad	Pretzel w/Cheese Sauce	Pimento Cheese Sandwich or PBJ Sandwich