



Middle School Menu January 2018

www.carrollcountyschools.com

Fresh Fruit Bowl and water are available daily for Breakfast and Lunch.

LoFat or Fat Free Milk Choice is served with each meal.

ALA CARTE SALES (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

Extra Milk — \$0.50	Extra Breakfast Entrée — \$1.25
Extra Lunch Entrée — \$1.75	All Extra Side Dishes — \$0.50
Rice Krispie Treat — \$1.00	Cookie (1) — \$0.50
Soft Pretzel — \$1.00	Cheese Sauce Cup — \$0.50
Flavored Water — \$1.00 to \$1.50 (depends on what kind of water)	

Menu Prices for Middle School

Breakfast	Amount	Lunch	Amount
Student	\$1.35	Student	\$2.40
Reduced	\$0.30	Reduced	\$0.40
Adult	\$1.75	Adult	\$3.25

	Monday	Tuesday	Wednesday	Thursday	Friday
Day	January 1	2	3	4	5
Breakfast		Teacher Work Day	Biscuit Choice or Mini Cinnis / Juice / Fruit	Biscuit Choice or Pancake on a Stick / Juice / Fruit	Biscuit Choice or Muffin & Yogurt / Juice / Fruit
Choose 1 Lunch Entrée or Salad Choice		No school for students.	BBQ Chicken or Fish & Shrimp	Hamburger or Deli Sandwich	Crispito (2) or Chicken Fajitas
Must Choose at Least 1:			Cornbread / Green Beans / Macaroni & Cheese / Oven Fried Okra / Cole Slaw / Frozen Fruit Cup / Grape Cluster	Lettuce, Tomato, Dill Slice / Carrot & Celery w/Dip / Baked Veggie Fries / Juice Bar / Pear Salad / Juice Cup	Pinto Beans / Spanish Rice / Lettuce-Tomato Cup / Cherry Applesauce / Fresh Pear
or Salad			Yogurt Plate	Asian Chicken Salad	PBJ Sack

Day	8	9	10	11	12
Breakfast	Biscuit Choice or Mini Muffins w/ Cereal / Juice / Fruit	Biscuit Choice or Cereal w/Pop Tart / Juice / Fruit	Biscuit Choice or Breakfast Pizza / Juice / Fruit	Biscuit Choice or Honey Wheat Bun / Juice / Fruit	Biscuit Choice or Breakfast Burrito / Juice / Fruit
Choose 1 Lunch Entrée or Salad Choice	Wild Mike's Pepperoni Pizza or Lasagna w/Roll	Country Fried Steak w/Gravy or Chicken Tenders	Sloppy Jo or Extreme Beans & Cheese Burrito	Chicken Filet Sandwich or Ham & Cheese Croissant	BBQ Sandwich or Hot Dog
Must Choose at Least 1:	Spinach Salad w/Strawberries & Nuts / Corn on Cob / California Blend Veggies / Applesauce / Dragon Punch Juice	Yeast Roll / Creamed Potatoes / Peas & Carrots / Green Beans / Fruit Cocktail / Orange Wedges	Baked Potato w/Margarine & Sour Cream / Broccoli & Cheese / Romaine Salad / Baked Cinnamon Apple Slices / Cry Baby Frozen Fruit Cup	Baked Fries / Lettuce, Tomato, Dill Slice / Roasted Corn & Black Bean Fiesta w/Tortilla Chips / Jello w/Fruit / Peach Slices	Cole Slaw / Baked Beans / Baked Tater Tot Medley / Sauerkraut / Pineapple Tidbits w/Kiwi / Blueberry Juice Cup
Salad	Grilled Chicken Salad Plate	Chef Salad	Grilled Chicken Salad Plate	Chef Salad	Grilled Chicken Salad Plate

Middle Schools with Salad Bar

MS w/Salad Bar	Monday	Tuesday	Wednesday	Thursday	Friday
	Grilled Chicken	Diced Ham w/Boiled Egg	Baked Potato Bar w/Chili, Sour Cream & Steamed Broccoli	Pretzel w/Cheese Sauce	Pimento Cheese Sandwich or PBJ Sandwich

MENU IS SUBJECT TO CHANGE.

This institution is an equal opportunity provider.



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| Extra Lunch Entrée — \$1.75 | All Extra Side Dishes — \$0.50 |
| Rice Krispie Treat — \$1.00 | Cookie (1) — \$0.50 |
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| Flavored Water — \$1.00 to \$1.50 (depends on what kind of water) | |

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Student	\$1.35	Student	\$2.40
Reduced	\$0.30	Reduced	\$0.40
Adult	\$1.75	Adult	\$3.25

	Monday	Tuesday	Wednesday	Thursday	Friday
Day	15	16	17	18	19
Breakfast	Martin Luther King Holiday	Biscuit Choice or Pancake on a Stick / Juice / Fruit	Biscuit Choice or Mini Cinnis / Juice / Fruit	Biscuit Choice or Mini French Toast / Juice / Fruit	Biscuit Choice or Breakfast Burrito / Juice / Fruit
Choose 1 Lunch Entrée or Salad Choice		Basil Boss Pepperoni Pizza or Beef & Cheese Nachos	Oven Baked Chicken or Homemade Country Fried Steak	BBQ Pork Chop w/Roll or Hot Ham & Cheese Sandwich	BBQ Sandwich or Catfish w/Hushpuppies
Must Choose at Least 1:		Whole Kernel Corn / Broccoli Salad / Pinto Beans / Juice Bar / Sliced Peaches	Biscuit / Creamed Potatoes / Brussel Sprouts / Glazed Carrots / Strawberry-Banana Cup / Juice Cup	Oven Baked Okra / Pasta Salad / Baked Beans / Grape Cluster / Rosey Pear Halves (2)	Au Gratin Potatoes / Steamed Broccoli / Cole Slaw / Sherbet / Fresh Plum
or Salad		Southwestern Plate	Yogurt Plate w/Fruit	Southwestern Plate	PBJ Sack

	22	23	24	25	26
Day					
Breakfast	Biscuit Choice or Mini Pancakes / Juice / Fruit	Biscuit Choice or Breakfast Pizza / Juice / Fruit	Biscuit Choice or Cereal w/Muffin / Juice / Fruit	Biscuit Choice or Cheese Toast & Cereal / Juice / Fruit	Manager's Choice Juice / Fruit
Choose 1 Lunch Entrée or Salad Choice if offered	Chicken Stir Fry w/ Egg Roll or Max Stix w/Marinara Sauce or Queso Cheese Sauce	Chili Hot Dog or Mini Burgers	Chicken Biscuit or Pancakes w/Sausage Patties (2)	Tacos (2) or Stuffed Crust Cheese Pizza	Manager's Choice
Must Choose at Least 1:	Corn on Cob / Green Beans / Romaine Salad / Orange Wedges / Tropical Fruit Mix	Potato Roasters / Veggie w/Dip / Cole Slaw / Glazed Apple Wedges / Juice Bar / Trail Mix	Tater Tot Casserole / Cheese Grits / Yogurt Parfait / Wango-Mango Juice Cup / Lime Jello w/Fruit & Topping / Grapefruit Wedges	Lettuce-Tomato Cup / Steamed Whole Kernel Corn / Veggies w/Dip / Peach Halves / Frozen Fruit Ice Cup	Please see individual schools for menu choices today.
Salad	Grilled Chicken Salad Plate	Chef Salad	Grilled Chicken Salad Plate	Chef Salad	PBJ Sack
Middle Schools with Salad Bar					
MS w/Salad Bar	Monday	Tuesday	Wednesday	Thursday	Friday
	Grilled Chicken	Diced Ham w/Boiled Egg	Tuna Salad	Pretzel w/Cheese Sauce	Pimento Cheese Sandwich or PBJ Sandwich